STEPCOUPLING *A strong marriage is the root of a solid stepfamily*

PUTTING YOUR RELATIONSHIP TO THE TEST

How many of the following statements are true about your stepcouple relationship?

1. I think my partner is fair and reasonable with my kids.
   True False
2. My partner and I mostly agree on how to handle the kids' behavior like school work, bedtime, household chores, manners, etc.
   True False
3. When my partner and I are upset with each other, we stay calm and work things through
   True False
4. I'm generally happy with the relationship I have with my stepkids.
   True False
5. My partner's ex-spouse is rarely a source of conflict in our relationship.
   True False
6. My partner and I do little things everyday to stay connected and to show our affection and appreciation for each other.
   True False
7. No unresolved issues from my childhood or my previous relationships interfere with my stepcouple or stepfamily relationships.
   True False
8. My partner tries to understand my point of view when we have misunderstandings.
   True False
9. My spouse does a good job of balancing my needs with those of his children.
   True False
10. Even with all the problems and challenges in our stepfamily, I'd do it all over again!
    True False

If you answered 'true' to eight or more of these statements, you're in good shape

If you answered 'false' to two or more statements, this likely reflect challenges that are opportunities to strengthen your stepcouple relationship.

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